

Welcome Ironmen Class of 2028

NCHS School Counselors:

Addie Ince	A-Ch
Ryan Short	Ci-G
Carlie Newton	H-K
Jenn Giermann	L-O
Kristi Chase	P-Sm
Brooke Bollmann	Sn-Z
Beth Brennan	Admin. Asst.



We *love* to support students

- We are helpers.
- We want to know your children.
- We want them to be successful.
- Encourage your child to see us!
- Call or email us!



What does a HS counselor do?

- Course selection/scheduling for students
- Career counseling, including use of SchoolLinks
- College and vocational counseling
- Registration of new students
- Individual counseling
- Group counseling
- Academic counseling
- Communication with parents
- Collaboration with outside agencies as needed
- Test administration
- Assist with college applications, recommendations, scholarships, etc.



We are here to help!!

Graduation Requirements

• English	4.0 credits
• Math	3.0 credits
• Algebra I/Geometry Content	
• Health/PE	3.5 credits
• Social Science	2.0 credits
• US History (incl. Computer Literacy) & Civics (incl. Constitution Exam)	
• Science	2.0 credits
• Consumer Ed	0.5 credits
• Electives	9.0 credits

24 Total Credits

Grade Point Average ~ GPA

WEIGHTED GRADE SYSTEM

Unit 5 utilizes a weighted grade system for determining grade point average. To indicate the weight of a class, the following symbols are placed behind the course title.

Standard Level A=4 B=3 C=2 D=1 F=0

Honors Level [H] A=5 B=4 C=3 D=2 F=0

Advanced Placement Level [AP] A=5 B=4 C=3 D=2 F=0

Dual Credit Level [DC] A=5 B=4 C=3 D=2 F=0

Dual Credit Career Technical Education [CTE] A=4 B=3 C=2 D=1 F=0

No Rank

Individual Grade Point Average ~ GPA

Cumulative Grade Point Average

Updated at the end of each semester



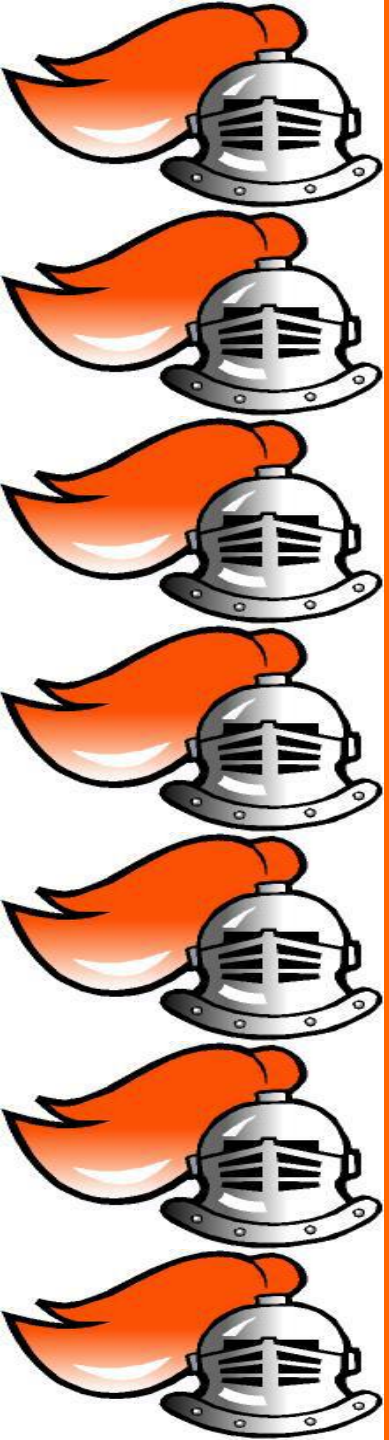
Credits Determine Class/Grade Level

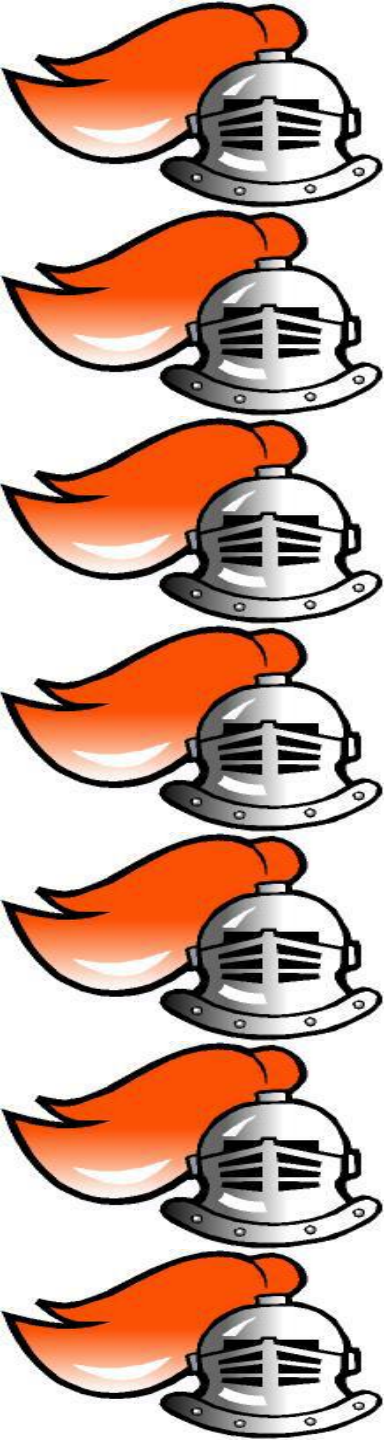
To Be Considered a	On track for graduation	Minimum to advance
Sophomore (10 th)	6 credits	5 credits
Junior (11 th)	12 credits	11 credits
Senior (12 th)	18 credits	17 credits

Auto Acceleration

Automatic Enrollment for Honors Classes

- Students will now be **automatically enrolled** into the next most rigorous level(s) of advanced coursework (**i.e., Honors level**) freshman year in English, Math, and/or Science freshman year if the student meets or exceeds state standards in these areas
- Parents could opt out via IC survey–Deadline was Dec. 21st
- If you did not fill out survey or have changed your mind–contact your MS counselor ASAP!





Auto Acceleration

Assessment	Reading/Writing Score Needed	Math Score Needed
Illinois Assessment of Readiness (IAR)	Level 4: Met Expectations Level 5: Exceeded Expectations	Level 4: Met Expectations Level 5: Exceeded Expectations
PSAT9	410 or higher	450 or higher
PSAT10	430 or higher	480 or higher
SAT	540 or higher	540 or higher

Illinois Science Assessment
Level 3 (Proficient) Level 4 (Exemplary)

Should I Take Honors or Not??

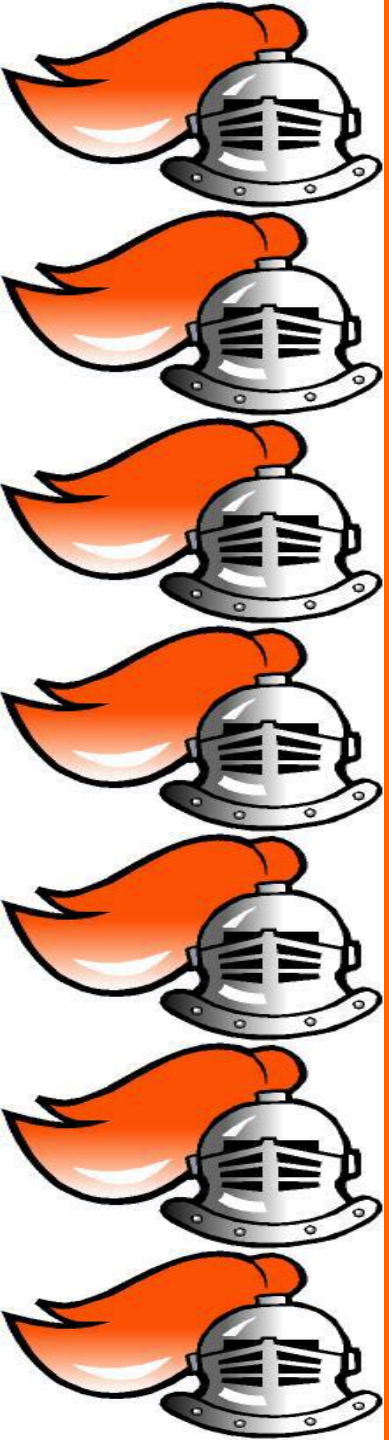
Definition of Honors:

Honors courses are enriched; they offer the same material in greater depth and with a faster pace...

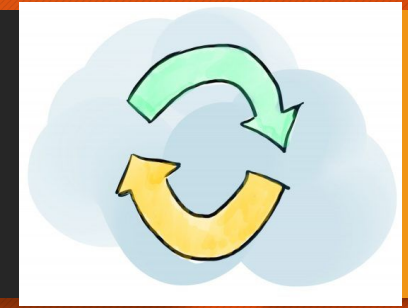
Honors courses emphasize critical and independent thinking to produce creative application of ideas...

Motivation is the main quality that characterizes an honors student

- Example: Honors English 1 requires significant amount of out of class homework reading & writing. Honors will be writing an analytical 4 page papers while English 1 are working on paragraph formation/1 page papers



Level Changes



- May request within first 4 weeks of semester, ONLY if you have a D or F
- When moving down a level, must show interventions have been utilized. Students must fill out form that is provided in counseling office.
- When moving up a level, teacher recommendation and grade are considered.
- Courses with different levels:
 - English
 - Biology
 - Math

ENGLISH

English I or Honors English I

**May be automatically enrolled
based on IAR scores. Talk to your
parents & school counselor at your
junior high!



MATHEMATICS SEQUENCE



- Pre Algebra
- Algebra 1
- Geometry / Honors Geometry
- Algebra 2 w/Trig or Honors Algebra 2
- Honors Pre-Calculus

**May be automatically enrolled based on IAR scores. Talk to your parents & school counselor at your junior high!

PHYSICAL EDUCATION

Student must pass 8 classes in the previous two semesters to enroll in Driver's Ed!

Health (semester)
Drivers Ed/Swim (semester)

Foundations of Fitness (semester)
Water and Land Activities (semester)
Advanced Aquatics (semester)

Freshmen/Sophomores will take a minimum of 1 quarter of swimming

Turns 15...	1st quarter	2nd quarter	3rd quarter	4th quarter
Before May 1, 2023	DRV101	PHY101		
Between May 1, 2023 & July 31, 2023	PHY111	DRV111		
Between August 1, 2023 & October 15, 2023			DRV102	PHY102
Between October 16, 2023 & December 31, 2023			PHY112	DRV112



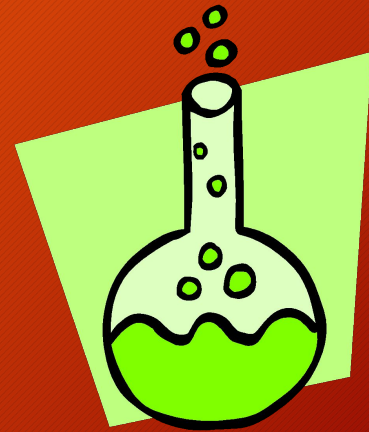
If a student turns 15 after December 31, 2024, they WILL NOT take Driver Education until the following school year.

HIGHLY RECOMMENDED COURSES

SCIENCE

- Biology
- Honors Biology

**May be automatically enrolled based on IAR scores. Talk to your parents & school counselor at your junior high!



SOCIAL STUDIES

- Regional World Studies

ELECTIVES (in alpha order...)

1= yearly class ½ = semester class

AGRISCIENCE and TECHNOLOGY

- Introduction to Agriculture, Food & Natural Resources (1)



ART

- Creative Careers in Art (½)
- Graphic Design I (½)
- Graphic Design II (½)
- Drawing & Painting I (½)
- Drawing & Painting II (½)
- Ceramics & Sculpture I (½)
- Ceramics & Sculpture II (½)



ELECTIVES



BUSINESS

- Introduction to Business (1)
- Digital Productivity (½)
- Digital Creativity (½)
- Office Keyboarding Apps (1)

FAMILY & CONSUMER SCIENCE

- Culinary Arts (½)
- Culinary Arts II (½)
- *Blended* Child Development (½)
- Foundations of Fashion (½)
- Clothing Construction (½)



ELECTIVES

FOREIGN LANGUAGE

- French I (1)
- German I (1)
- Spanish I (1)
- Spanish for Heritage Speakers (1)



COMPUTER SCIENCE

- Computer Science Essentials (1)
- Cybersecurity (1)



ELECTIVES

MUSIC

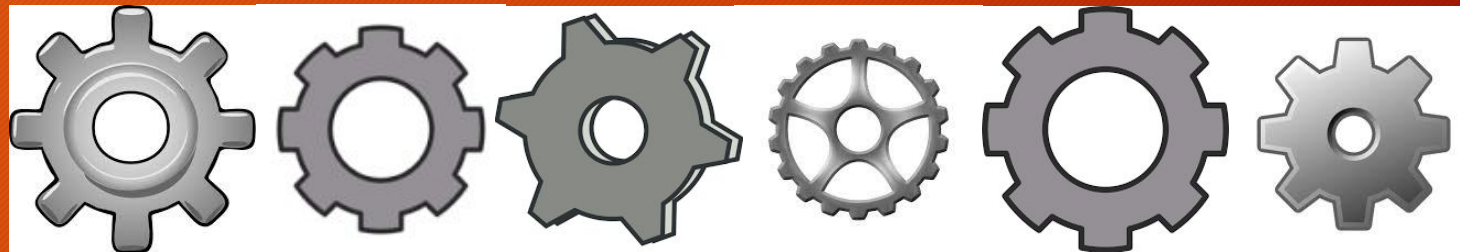
Concert Choir(1)
Orchestra (1)
Band (1)



- Specific course determined by audition.

TECHNOLOGY

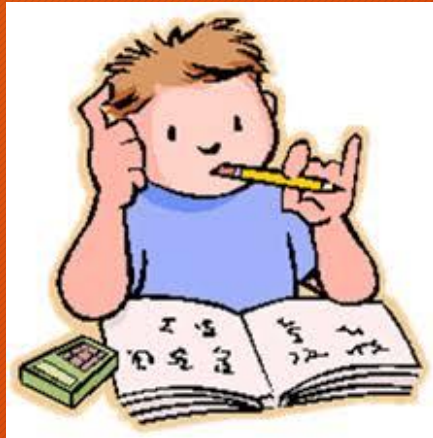
- Intro to Technology Concepts (½ or 1)
- Intro to Metal and Woods Technology (½ or 1)
- Intro to Engineering Design (1)
- Intro to Animation & Rendering (½ or 1)



STUDY HALL or CLASS ~ Questions to Ask

Take a Study Hall?

- I struggle to complete homework at home
- Jobs/Activities after school fill my time
- I need to access teachers/tutors for help
- I currently have D's/F's



Take a 7th Class?

- I am interested in selective colleges
- I want to be academically competitive
- I want to take multiple electives in my pathway.
- can drop a 7th class for SH within first 4 weeks of semester

Registration Sheet

- All freshman course options are listed
- Students submit this form to their MS counselor
- Use the Course to Career Guide as a reference

Name: _____ Birthdate: _____

The following courses are available to incoming freshmen (9th graders) at both high schools. To find out more specific information about each course and possible prerequisites, refer to the *Course to Career Guide*. The number in parentheses indicates the credit for each class. ***Students must select a Math, English and PE/Health course. Due to facility limitations, students may be placed in a PE course other than the one selected.

Normal Community & Normal West 2023-2024 Freshmen Course Choices

HOMEROOM (WEST ONLY)

HMR 101/102 A - C
HMR 111/112 D - H
HMR 121/122 I - Mh
HMR 131/132 Mi - Se
HMR 141/142 Sf - Z

AGRICULTURE

AGR 101/102 Introduction to Agriculture, Food & Natural Resources (1.0)

ART

ART 061/062 Creative Careers in Art (0.5)
ART 121/122 Graphic Design I (0.5)
ART 132 Graphic Design II (0.5)
ART 151/152 Drawing & Painting I (0.5)
ART 162 Drawing & Painting II (0.5)
ART 201/202 Ceramics & Sculpture I (0.5)
ART 212 Ceramics & Sculpture II (0.5)

BUSINESS

BUS 051/052 Introduction to Business (1.0)
BUS 111/112 Computer Applications 1 (0.5)
BUS 212 Computer Applications 2 (0.5)
BUS 301/302 Office Keyboarding Apps (1.0)

COMPUTER SCIENCE

CSC 151/152 Computer Science Essentials (1.0)

ENGLISH***

ENG 151/152 English I (1.0)
ENG 171/172 Honors English I (1.0)

FAMILY & CONSUMER SCIENCE

FCS 111/112 Culinary Arts I (0.5)
FCS 122 Culinary Arts II (0.5)
FCS 150/159 *Blended* Child Development (0.5)
(only if interested in Education Pathway)
FCS 351 Foundations of Fashion (0.5)
FCS 352 Clothing Construction (0.5)

FOREIGN LANGUAGE

FOR 111/112 French I (1.0)
FOR 121/122 French II (1.0)
FOR 211/212 German I (1.0)
FOR 221/222 German II (1.0)
FOR 311/312 Spanish I (1.0)
FOR 321/322 Spanish II (1.0)
FOR 411/412 Spanish for Heritage Speakers (1.0)

MATH***

MAT 151/152 Pre-Algebra (1.0)
MAT 321/322 Algebra I (1.0)
MAT 521/522 Geometry (1.0)
MAT 601/602 Honors Geometry (1.0)
MAT 681/682 Algebra 2 w/ Trigonometry (1.0)
MAT 721/722 Honors Algebra 2 (1.0)

MUSIC

MUS 211/212 Concert Choir (1.0)
MUS 231/232 Concert Orchestra (1.0)
MUS 141/142 Concert Winds (1.0)

PHYSICAL EDUCATION***

PHY 051/052 Health (0.5)
PHY 101 & DRV 101 1st Qtr Driver's Ed / Swim (0.5)
PHY 111 & DRV 111 Swim / 2nd Qtr Driver's Ed (0.5)
DRV 102 & PHY 102 3rd Qtr Driver's Ed / Swim (0.5)
PHY 112 & DRV 112 Swim / 4th Qtr Driver's Ed (0.5)
PHY 131/132 Foundations of Fitness (0.5)
PHY 601/602 Water & Land Activities (0.5)
PHY 631/632 Advanced Aquatics (0.5)

* If a student turns 15 after December 31, 2023 they WILL NOT take Driver Education until their sophomore year

SCIENCE

SCI 101/102 Biology (1.0)
SCI 201/202 Honors Biology (1.0)

SOCIAL STUDIES

SOC 101/102 Regional World Studies (1.0)

STUDY HALL (No Credit)

STH 101 Study Hall 1st Semester (0)
STH 102 Study Hall 2nd Semester (0)

TECHNOLOGY

TEC 081/082 Intro to Technology Concepts (1.0)
TEC 251/252 Intro to Metal & Woods Technology (1.0)
TEC 411/412 Intro to Engineering Design (1.0)
TEC 491/492 Intro to Animation & Rendering (1.0)

Total Number of Credits Chosen: _____

Additional/Helpful Resources

NCHS Counseling Website

Course to Career Guide

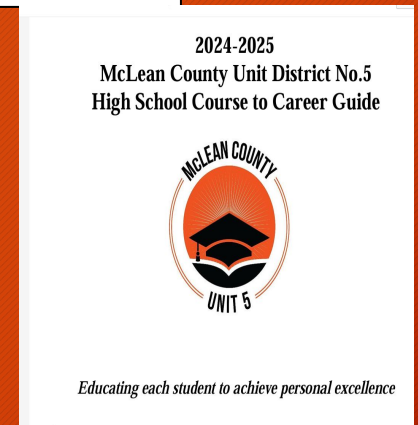
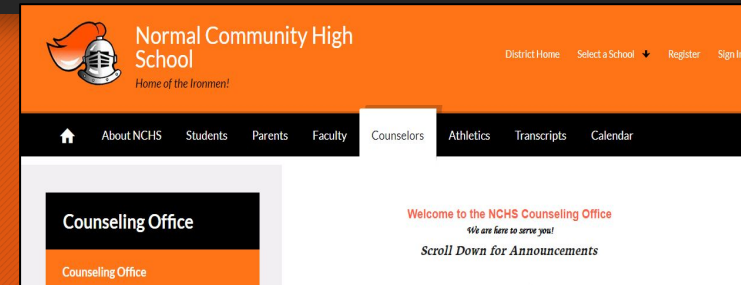
Your packet contains an abbreviated Freshmen version of the course to Career Guide Also available in *SchoolLinks*.

NCHS Counselors' Course Selection Website

All documents, presentations and links needed to make your selections.

SchoolLinks

Our college and career platform



Counselor Communication



Follow us at Normal Community Counseling Office
[@ironmencounseling](https://www.facebook.com/ironmencounseling)



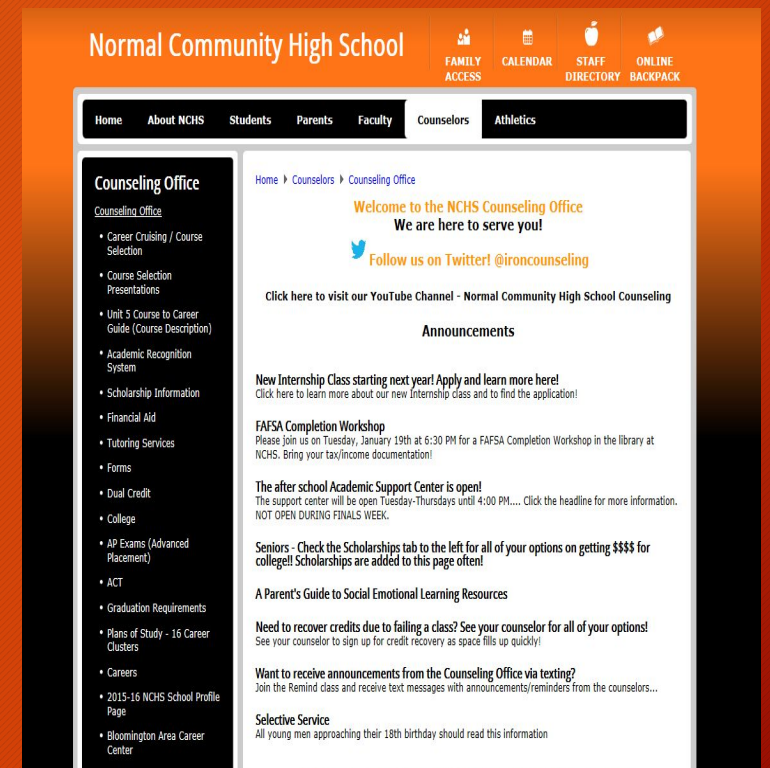
Follow College & Career Center
[@nchs_collegeandcareer](https://www.instagram.com/nchs_collegeandcareer)



Counseling Office Website -
<https://www.unit5.org/domain/1105>



[@IronCounseling](https://www.ironcounseling.com)



College & Career Counselor---Mrs.Karrin Hawkins

IRONMEN, What's Your E?



COLLEGE & CAREER CENTER



ENROLL---ENLIST---EMPLOY---EXPLORE

90%

3%

5%

2%

16 National Career Clusters



Agriculture, Food & Natural Resources

Arts, AV Technology & Communications

Education & Training

Government & Public Administration

Hospitality & Tourism

Information Technology

Manufacturing

STEM

Transportation, Distribution, & Logistics

Architecture & Construction

Business Management & Administration

Finance

Health Science

Human Services

Law, Public Safety, Corrections & Security

Marketing

**SCHOOLINKS
ASSESSMENTS**

IRON, Choose a Pathway....



“Find Your Path”

Select the **BEST** classes for **YOU!**



SchoolLinks

Our College & Career Platform

7:30PM-8:15PM Options

- Browse the Athletic Fair
- Speak with Department Chairs
- Browse the Activities/Clubs Fair
- Experience a typical freshman day—use provided schedule